

FITZPATRICK SKIN TYPE CLASSIFICATION

Part I: Genetic Disposition

Eye color:

- Light blue, light gray or light green = 0
- Blue, gray or green = 1
- Hazel or light brown = 2
- Dark brown = 3
- Brownish black = 4

Natural hair color:

- Red or light blonde = 0
- Blonde = 1
- Dark blonde or light brown = 2
- Dark brown = 3
- Black = 4

Natural skin color (before sun exposure):

- Ivory white = 0
- Fair or pale = 1
- Fair to beige, with golden undertone = 2
- Olive or light brown = 3
- Dark brown or black = 4

Freckles on unexposed areas:

- Many = 0
- Several = 1
- A few = 2
- Very few = 3
- None = 4

Total score for genetic disposition: _____

Part II: Reaction to Extended Sun Exposure

Skin's response to the sun:

- Always burns, blisters and peels = 0
- Often burns, blisters and peels = 1
- Burns moderately = 2
- Burns rarely, if at all = 3
- Never burns = 4

Does your skin tan?

- Never – I always burn = 0
- Seldom = 1
- Sometimes = 2
- Often = 3
- Always = 4

How deeply do you tan?

- Not at all or very little = 0
- Lightly = 1
- Moderately = 2
- Deeply = 3
- My skin is naturally dark = 4

How sensitive is your face to the sun?

- Very sensitive = 0
- Sensitive = 1
- Normal = 2
- Resistant = 3
- Very resistant/Never had a problem = 4

Total score for reaction to sun exposure: _____

Fitzpatrick Skin Type Score (total genetic disposition + total sun exposure): _____

FITZPATRICK SKIN TYPE SCORE

The Fitzpatrick Scale classifies patient's skin type and thus the ability to burn and tan when exposed to the sun or UV radiation.

- I (0–6):** pale white skin; always burns, never tans
- II (7–12):** white skin; almost always burn, rarely tans
- III (13–18):** light brown skin; burns moderately, tans uniformly
- IV (19–24):** moderate brown skin; burns minimally, tans easily
- V (25–30):** dark brown skin; rarely burns, tans easily
- VI (31+):** dark brown to black skin; never burns

NOTES

This content is not intended to substitute professional medical advice, diagnosis, or treatment. Seek the advice of a healthcare provider for any questions you may have regarding your score or the medical condition.

REFERENCES

The Skin Cancer Foundation. Fun, Informative Quiz Determines Skin Type and Celebrity. www.skincancer.org. Accessed May 19, 2013.

Roberts WE. Skin type classification systems old and new. *Dermatol Clin*. 2009 Oct;27(4):529–33.

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