

Mushtaq A Khan MD Updated Sept 05 2020

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Humana Gold Choice (PFFS) ID: H45623442 **Plan** (80840) 9140461101 **Medicare:** 4JY3-QA9-KU92
Emergency Contacts: Wife: Sarwary **281-684-6989** and **Sons:** Hassan 713-826-7476 or Amer 713-419-4930

Medical History: Atrial Fibrillation, Hypertension, Hyperlipidemia, Prediabetes, High Eos & IgE, Atopy, Angioedema & Panniculitis
2018 Atrial Fibrillation Dr. Brent McGregor, 2015 PVC Dr. Tariq Saleem, 2010-2012 Dr. Surmitis.
2002 Ocular Myasthenia, Cataracts (Dr. Lee CCF) Diplopia corrected with Prism (Dr. Weinstock) 2006 Bilateral Vitreous Detachment (Dr. Fammartino) 2012 FU (Dr. Congeni) 2014 Retinal Exam Dr. Pachydaki 2015 Dr. Kaufman
2011 Episcleritis (Dr. Sharma, Houston) 2011 Cataract Surg+IOL + 2012 Yag Laser Capsulotomy (Dr. Congeni)
2012 Sleep Apnea Rx: May try CPAP if excessive daytime drowsiness or other problems. (Dr. Pracht, Newark OH)
2012 Feb 12 Atrial Fibrillation resolved with Cardizem & Flecainide. One episode. (Licking Memorial Hosp, Newark OH)
2012 Cardiac Arrhythmia: Random episodes of Racing and Pounding Heart Beat still a problem. PACs & PVCs (Dr. Tariq Saleem) Years: Spontaneous Idiopathic Recurrent Angioedema Throat (Epipen) and Sticky Mucus Throat (Mucinex)

Immunization Records: Flu Shot Annual: HighDose >65 Thimerasol Free Lt 09/05/20 **Covid-19:**
Tetanus DPT: IbnSina Oct 12 2017 L Arm Moderate Swelling **Hepatitis A** 02-16-2015 Rt & 08-29-15 Rt (2 doses)
Hepatitis B: Years ago and again on July 8 2004 **Zostavax** 2006 **Shingrix** 1st 07/20/18 Lt + 2nd 10/22/18 Lt
Pneumovax PPV-23 10/03/14 at age 70 Rt **Pneumococcal Prevnar-PVC13** Lt 08/29/15
H1N1 Vaccine (Thimerasol Free) 2011 L Deltoid **Typhoid Vaccine** 02-16-2015 L Deltoid valid for 2 years
Meningitis Vaccine for Saudi Arabia travel Feb 2013. (No need for Pneumovax after getting PPV-23 at age 65)
Booster Shots Due: Tetanus valid till 2027

Drug Allergies and other Reactions

Penicillin: Generalized Pruritic Eruption

PPD & Vaccines with Preservatives Thimerasol or other ingredients Localized Itching and Swelling

Verapamil, Amlodipine, HCTZ, Potassium Discontinued due poor control of BP, AFib and Tachycardia

Idiopathic and food related Acute recurrent Laryngeal Angioedema & Urticaria Contraindication to ACE Inhibitors use.

Triple Antibiotic Creams, Steristrips/Adhesive Tapes, Metals: Nickel Neosporin Bacitracin Polymyxin B etc

Chemicals Inhalants (Perfumes Powders Sprays) Fumes & Animals etc. Asthma, Headache, Rhinitis Conjunctivitis

Food Allergies Watermelon Spices etc Generalized Pruritus Acute Laryngeal Angioedema

Idiopathic: Acute Laryngeal Angioedema - Spontaneous Random Off & On.

Physical Exam & Lab Tests

HEART: 2017: Afib EKG, Echo Dr. McGregor **CHEST XRAY** (Hippa-PPD) 2008 2010 2012 2013

COLONOSCOPY: 11/21/2012 Manzoor Qadir Grade 1 Hemorrhoids Rx Use Konsyl Psyllium Fiber

PROSTATE: PSA (0.0-4.0 ng/ml) 2009 **0.47** 2010 **0.49** 2011 **0.75** 2012 **0.4** 2013 **0.51** 2014 **0.62** 2015 **0.63** 2016 **0.50** 2017 **0.50** 2018 **0.60**

Labs: 11/23/2018 T4 10.2 (4.9-10.5) TSH 1.12 0.4-4.5 Glucose 102 (70-100) HgbA1C 5.2 Mg: 2.1 (1.5-2.5) on 500mg/d LFTs Bilirubin 1.5 (H >1.2)
Electrolytes: ok

EYE EXAMS: Sharma 01/12/2011 Episcleritis, Regular Annual Exams: 2017, 2018 **Congeni** 2011 Cataract Removal 2012 Post-Cataract Capsulotomy
2013 **Vitreo-Retinal MD:** Pachydaki 04/29/14 Kaufman 08/26/15 ok 2015 Eye: Kaufman Ageing Retina Stable No Rx. **Dr. Sharma:** 2017 ok 2018 ok

Rx Medications: Mail Order Humana Pharmacy: 1-855-297-7113 Local Pharmacy:

Name of Medication & Dosage Schedule 90 day supply with 3 Refills Comments Years

Simvastatin (Zocor) 40 mg 1 x day 90 x 3 Hyperlipidemia controlled with medication x 20 years

Bisoprolol fumarate (Zebeta) 5 mg 3 x day 270 x 3 PAC & PVC since 2012

Diltiazem ER (CD) Cardizem 180 mg 3 x day 270 x 3 BP since 2012

Losartan (Cozaar) 50 mg 2 x day 180 x 3 BP since 2018

Eliquis (Apixaban) 5 mg 2 x day 180 x 3 Atrial Fibrillation 2018

Metformin Extended Release 500 mg 4 x day 360 x 3 Metabolic Syndrome (Prediabetes) Years

Epipen As needed For Acute Angioedema of throat Years

Albuterol Inhaler (Proair HFA) As needed 4 x 3 Inhalants induced Bronchospasm Years

Triamcinolone Acetonide Cream 0.1% 4 times a day 360 Gm x 3 Recurrent Atopic Eczema - Pruritus

Multivitamins + Magnesium Silver 1 daily Mg 500 mg Nocturnal Restless Legs Years

Vit B Complex Super 1 daily Tingling/Vibratory sensation Feet Years

Mucinex 1200 mg 2 daily Thick sticky mucus difficult to clear Years

Prescription Refills 90 day Supply with 3 refills. **Annual Flu Shot** (High Dose Thimerasol Free)

Dx: Atrial Fibrillation, Hypertension, Hyperlipidemia, Prediabetes, Atopy, Eczema, Asthma, Eosinophilia, High IgE, Recurrent Idiopathic Angioedema & Panniculitis. Hyperimmune inflammatory reactivity affecting skin and subcut fat.

CURRENT PROBLEMS & REASONS FOR THE VISIT: Scheduled Follow Up for problems listed above. Refill Rx. No new Problems.