



### **Skin Cancer Screening**

Free Quick Single Spot-Check  
Skin Spots, Blemishes, Moles, Growths

**Benign - Borderline - Suspicious**

Any change – See a Dermatologist

**Spot-Check:** We offer Free Quick Single Spot-Check for Skin Spots, Blemishes, Moles & Growths. Patients with rashes and other skin problems should schedule a regular dermatology appointment. This is not a substitute for a thorough medical evaluation.

**Skin Cancers** can start as a non-healing rough scaly area, sore spot, blemish, mole or a growth. Early detection and prompt treatment can be life saving. You are advised to seek appropriate care through a specialist of your choice.

**Prevention:** Most of the Skin Cancers can be prevented.

- 1: Avoid Unnecessary Sun Exposure
- 2: Seek Shade
- 3: Wear Protective Clothing
- 4: Apply Sunscreens
- 5: Wear UV Blocking Sunglasses.
- 6: Frequent Check Ups if family history of Skin Cancer esp Melanoma.

**Early Detection:** Early Detection & Prompt Treatment can be Life Saving. Cancer can arise in a benign growth or normal skin. Any change in skin, a new spot or growth should be evaluated as soon as possible. Spot-Check offers you an opportunity for a prompt professional opinion. Please schedule regular appointment if you have multiple spots, rashes or other skin problems.

We use the following simplified classification to inform the patient what our impression and advice are at the time of evaluation.

**Benign:** These spots appear Benign – non-cancerous but may be treated if desired. If any change → See a Dermatologist.

**Borderline:** These spots have some unusual features making it difficult to rule out cancer → See a Dermatologist for Follow Up.

**Suspicious:** These spots have features suggestive of malignancy (cancer) → See a Dermatologist for possible Biopsy & Path Exam.

Spot-Check is a free Skin Cancer Screening Service – No treatment is offered - You are advised to go to a specialist of your choice.

The only sure way to differentiate between Benign & Cancerous mole/growth with almost 100% accuracy is by Pathology Exam. Please seek a dermatology evaluation if you notice any change in your condition, symptoms or develop a new lesion of any type.

*Our goal is to save lives by promoting Prevention, Early Detection & Prompt Treatment of Skin Cancers.*

